

Clay Community Schools

ELEMENTARY BREAKFAST

OCTOBER 2024

Monday	Tuesday	Wednesday	Thursday	Friday
	Oct - 1 PANCAKES/SYRUP SAUSAGE LINK FRUIT of cooks choice JUICE MILK CEREAL YOGURT PARFAIT	Oct - 2 GRAVY& BISCUITS FRUIT of cooks choice JUICE MILK CEREAL YOGURT PARFAIT	Oct - 3 CINN ROLL BACON FRUIT of cooks choice JUICE MILK CEREAL YOGURT PARFAIT	Oct - 4 BACON EGG BISCUIT FRUIT of cooks choice JUICE MILK CEREAL YOGURT PARFAIT
Oct - 7 DONUT MINI CHOC. FRESH FRUIT JUICE MILK CEREAL YOGURT PARFAIT	Oct - 8 WAFFLES SAUSAGE LINK FRUIT of cooks choice JUICE MILK CEREAL YOGURT PARFAIT	Oct - 9 SCRAMBLED EGGS BACON TOAST,WG FRUIT of cooks choice JUICE MILK CEREAL YOGURT PARFAIT	Oct - 10 DUTCH WAFFLE SAUSAGE PATTY FRUIT of cooks choice JUICE MILK CEREAL YOGURT PARFAIT	Oct - 11 TEACHER IN-SERVICE DAY
Oct - 14 FALL BREAK	Oct - 15 FALL BREAK	Oct - 16 FALL BREAK	Oct - 17 FALL BREAK	Oct - 18 FALL BREAK
Oct - 21 POP TART FRESH FRUIT JUICE MILK CEREAL YOGURT PARFAIT	Oct - 22 FRENCH TOAST STICKS/ SYRUP FRUIT of cooks choice JUICE MILK CEREAL YOGURT PARFAIT	Oct - 23 GRAVY& BISCUITS FRUIT of cooks choice JUICE MILK CEREAL YOGURT PARFAIT	Oct - 24 CINN ROLL BACON FRUIT of cooks choice JUICE MILK CEREAL YOGURT PARFAIT	Oct - 25 BREAKFAST SANDWICH FRUIT of cooks choice JUICE MILK CEREAL YOGURT PARFAIT
Oct - 28 WG DUNKIN STICKS FRUIT of cooks choice JUICE MILK CEREAL YOGURT PARFAIT	Oct - 29 PANCAKES/SYRUP SAUSAGE LINK FRUIT of cooks choice JUICE MILK CEREAL YOGURT PARFAIT	Oct - 30 CHEESE OMELET BACON TOAST,WG FRUIT of cooks choice JUICE MILK CEREAL YOGURT PARFAIT	Oct - 31 DUTCH WAFFLE SAUSAGE PATTY FRUIT of cooks choice JUICE MILK CEREAL YOGURT PARFAIT	

ALL MENUS ARE SUBJECT TO CHANGE
CEREAL AND PARFAIT MEALS ARE OFFERED AS OTHER OPTIONS
This institution is an equal opportunity provider.

	Average	Weekly Target	% of Target		Average	% of Calories	Weekly Target
Calories	484	550-650	88%	Sugars	48.46* g	40.07%	
Sodium	523 mg	1230		Carbohyd	76.36 g	63.14%	
Fiber	3.73 g			Tot. Fat	13.05 g	24.29%	<=30.0%
				Sat. Fat	5.03 g	9.37%	<10.00%

***N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient.**

*** - denotes combined nutrient totals with either missing or incomplete nutrient data.**

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.